



Carol M. Yoakum

February/March 2024

Family Resource Center

A service of the Lincoln Housing Authority

FAMILY NIGHT EVENTS AT ARNOLD ELEMENTARY All School-Age Families Welcome!

**Family Math & Science Night
Tuesday, February 27
6:00-7:30pm**

Math and science can be FUN and we'll show you how! Bring the family for free food in the cafeteria and lots of easy and fun activity stations in the gym. Registration information is below.

Prime Time Family Reading Program

**Tuesdays 6:00-7:30 p.m.
March 21, 28, April 4, 11, 18, 25**

Join us for a weekly opportunity to enjoy reading books together! A Storyteller and Discussion Leader bring the stories alive and offer tips to parents about reading books together with their children. Preschool siblings have their own fun activities during program time. Families can also stop by the Williams Branch Library to check out books. A free meal will also be provided. Prime Time is sponsored by Humanities Nebraska and partnering organizations.

Register for these events by contacting Dayna at dkranna@lps.org or 402-436-1120 ext. 5. Online registration forms will be emailed to Arnold families before each event.



*Join us!
NW 48th
Neighborhoods
Advisory
Committee
Meeting*

*Tuesday, February 20
6:30-7:30pm
Arnold Elementary
Media Center*

SAVE THE DATE!

**Neighborhood Egg Hunt
is early this year so mark
your calendars for**

**Saturday, March 30
9:00am**

**See more information in the
AHNA Newsletter on page 2.**





Neighborhood News

Volume 31, Issue 1

arnoldheights@neb.rr.com

February-March 2024

ANNUAL EGG HUNT MARCH 31 THIS YEAR

The Easter Bunny may be wearing a parka at this year's Egg Hunt. Easter comes early on March 31st this year.

The Arnold Heights Easter Egg Hunt has been a staple for many years now. It has come early before and we don't think it ever had to be cancelled due to weather, so let's see what this year brings.

We still intend to hold the event this year and it will still be held at the old site of the

AirPark Recreation Center at 3720 NW 46th Street. The building will not be open so there will be no restrooms available.

Kids from age 10 and under who are accompanied by an adult are welcome to participate. This year's event as in past years will include candy and prizes strewn across three designated areas by age. Children should bring their own baskets or containers to collect

their prizes and candy. Please remember to dress

accordingly as we never know what springtime weather in Nebraska may bring.

Please be sure to arrive early as the Egg Hunt will begin promptly at 9:00 AM with the 0-3 year old age group. Hop on down to the old Rec Center site on March 31st.



POWER THE FUTURE: HEAT PUMP EVENT

Take action to reduce greenhouse gas emissions in your home by replacing your aging air conditioner and furnace with an air source heat pump! Get the facts about heat pumps at an educational event sponsored by local environmental organizations on Saturday, February 3rd, 10 - 11:30 a.m. at the Unitarian Church of Lincoln, 6300 A Street.

Resilient Electric Analytics estimates that the average cost difference between installing a traditional AC/gas furnace or an air source heat pump in a 2,400 square foot home in Lincoln is \$1,700, and using a heat pump will reduce greenhouse gas emissions by 43 tons over

its lifetime. The City of Lincoln and LES are offering a combo rebate of \$1,800 with the purchase of a 15.2 SEER2 air source heat pump, so now is a good time to install one in your home.

Speakers at the event will explain the basics of how a heat pump works, why it is important not to wait until your unit is broken to replace it, economic costs and environmental benefits of air source heat pumps, and rebates and tax credits available for installing heat pumps. Speakers include City Council Representative Bennie Shobe, former City Council Representative and State Senator Ken Haar, former

City Council Representative Curt Donaldson, Lincoln's Chief Sustainability Officer Kim Morrow, and Lincoln Electric System Manager of Energy Services Marc Shkolnick.

Sponsors of the Powering the Future Event include: Bluestem Sierra Club, Coalition for Environmental Improvement, Conservation Nebraska, Green Sanctuary Committee of the Unitarian Church of Lincoln, and Nebraska Interfaith Power and Light.

Registration for the event can be found on-line at the Conservation Nebraska Facebook Page.

Krayon Campus Northwest

Now Enrolling

Infants • Toddlers



- Fun Bright Classroom
- Curriculum Based
- Participates in Step up to Quality
- Accepts Title XX
- Participate in Food Program

No Enrollment fee

ENROLL TODAY!

+1 (531) 500-1221

4621 NW 48th St
Lincoln NE 68524

Please stop by,
4621 NW 48th
for a tour, to
fill out an
application or
call
531-500-1221.



MEET THE DIRECTOR

My name is Sunshine Winningham. I have been working with children for 10+ years. When I was asked to come to be the director at Krayon Campus NW, I was honored that the owner Jocelyn Johnson gave me this opportunity to build the amazing center we have now. I have met so many amazing staff, families, and children. My passion is to see children learn, express themselves in so many ways and to just simply watch them grow. I love what I do and am very dedicated to the center and families.

Here is a little about me:

I've been married to my wonderful husband for about 2 years. I have 2 beautiful girls. They are Sierra, 26, and Sabrina, 29. I also have 4 amazing grandkids, Jace, Kaisleigh, Aurora and Mavis. They are my life! I try and spend a lot of time with my family because family is very important to me. My staff and families here at the center are important to me as well.

Words of wisdom:

So remember, keep reaching for your goals because you can do anything you put your mind to. I have faith in you!

SUNNY

AIR PARK COMMUNITY CENTER



Check out the exciting things happening at the Air Park Community Center

SUMMER DAY CAMP

Registration for our exciting summer day camp program opens on January 22nd at 9:00 am. Head over to the Lincoln Parks and Rec website to secure your spot and discover more details about the program. If you have any questions, feel free to reach us at 402-441-7876.

NOW HIRING

We're currently seeking individuals, 18 years and older, to join our team as Recreation Leaders for our before and after school programs. Your role will extend to supporting the operations of our facility. Submit your application online and call or email (jkelly@lincoln.ne.gov) with any questions.

NEW ZUMBA CLASS!!!

Experience the rhythm and energy at Air Park Community Center's exhilarating Zumba classes every Friday, running from 5:30 pm to 6:30 pm. Join us for the sessions at our normal admission fee of \$3. To secure you spot, please call the community center to sign up.

SENIOR COFFEE

The Air Park Community Center warmly invites seniors to join us every Friday at 9:30 am for our Senior Coffee gathering. Indulge in complimentary, delightful coffee and engage in even better conversations. We look forward to welcoming you!

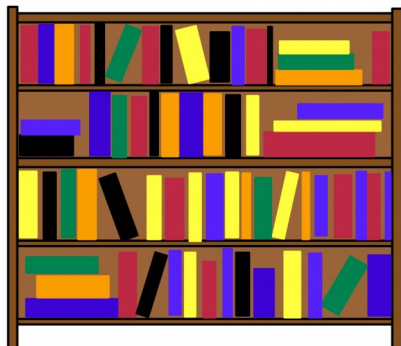
Down the Library Aisle

By Courtney Schnabel, Lincoln City Libraries

Since opening this last summer, we have had time to settle into our new library space, and have been enjoying both the location and the people we have met. Going into the new year, we are ready to start providing more programming for the community! One thing we are very excited about is the After-School Special, our weekly after-school program for students. Each week we'll do a different craft or activity. Throughout February, we'll alternate between Wednesday and Thursday afternoons as we figure out what works best, and then in March we'll select one day to continue on. Below we've listed all of our upcoming programs for the coming months. We have something for all ages!

After-school Special

Thursday, February 1
 Wednesday, February 7
 Wednesday, February 14
 Thursday, February 22
 Wednesday February 28



Children's Programs

Family Storytime and Stay & Play- Thursdays, 10:30 a.m.
 Take Your Child to the Library Day- Saturday, February 3, 3-5 p.m.
 Build-It Bonanza- Sunday, February 25, 2-4 p.m.
 Seussabration- Saturday, March 2, 2-4 p.m.
 Shamrock Pendants- Thursday, March 14, 4-5 p.m.

Teen Programs

Adventure Society- Wednesday, March 13, 1-5 p.m.

Adult Programs

Paint a Wineglass- Sunday, February 11, 2-3 p.m.
 Crafter's Circle- Tuesday, February 27 and Tuesday, March 26, 6-7 p.m. (Last Tuesday of the month)

RESOURCE OF THE MONTH-FEBRUARY

Black Freedom Struggle provides access to expertly selected open primary source documents including historical newspaper articles, pamphlets, diaries, correspondence and more from specific time periods in U.S. history marked by the opposition African Americans have faced on the road to freedom. This resource supports a wide range of students, from middle and high school to college, as well independent researchers and anyone interested in learning more about the ongoing Black Freedom Struggle.

RESOURCE OF THE MONTH-MARCH

Smithsonian Global Sound, produced in partnership with Smithsonian Folkways Recordings, is a virtual encyclopedia of the world's musical and aural traditions. The collection provides educators, students, and interested listeners with an unprecedented variety of online resources that support the creation, continuity, and preservation of diverse musical forms. This resource is part of our **Music Online** resource.



HOLIDAY CLOSINGS

All Lincoln City Libraries will be closed Monday, February 19 for Presidents' Day.

All Lincoln City Libraries will be closed Sunday, March 31 for Easter.





Head Start now enrolling for fall

Community Action Head Start and Early Head Start are currently enrolling children age 0-5 for the fall term, which begins August 2024. Head Start is a FREE early childhood education program, which partners with children,

families, and the community to build the skills children need to be successful in school and in life. Head Start's comprehensive program serves the whole family. Families with low income or receiving SNAP, SSI, or ADC are eligible for Head Start or Early Head Start.

Early Head Start is available for families from pregnancy through age 3 offers either in-home or center-based learning options. The home-based program provides opportunities for education from home as well as monthly socialization activities with other families.

There are three Head Start centers in Lincoln, located at 18th & K, 26th & N, and 23rd & O. Head Start is a year-round, full-day program.



Those interested can call 402-875-9328
or visit
www.communityactionatwork.org.

Resources for you at the Family Resource Center

Friends with Food:

Free food distribution on the fourth Monday of the month from 5-6 p.m. It is a commodities distribution and families must qualify for this distribution. *This institution is an equal opportunity provider.*

Computer Center:

Free internet access, and printers. Children under 18 must be accompanied by an adult. Open Monday-Friday, 8am-12pm and 1-5pm.

Clothing Closet:

Free clothing, toys and other items are available. The room is open from 8am-noon and 1-5 pm, Monday through Friday. No appointment is necessary but you will need to sign-in at the front desk.

Book Swap Room:

Free books available during the following times:
M- F, 8am-12pm and 1-5pm.

Low-Income Bus Passes:

Thirty-one day bus passes may be purchased at the Resource Center for \$8.00. ID, and date of birth are required. Hours for purchasing passes are M-F, 8am-12pm and 1-5pm.

Senior Coffee Club:

Meets weekly on Wednesdays from 9-10:30 a.m. at the FRC. All seniors 55+ are welcome to come for coffee, conversation and speakers.

Air Park Child Care Resources

Center-Based:

Adventure Academy
438-0491

Krayon Campus
531-500-1221

Project Future
Child Development Center
363-9864

Home-Based:

Jen's Home Daycare
464-0391

Melissa's Ladybug
Daycare
470-0625

Before and after-school care:

Krayon Campus
531-500-1221

Air Park Rec Center
441-7876

Project Future
Child Development Center
363-9864

JOIN US FOR COFFEE AND CONVERSATION



WEDNESDAYS

9:00-10:30 AM

CAROL YOAKUM FAMILY RESOURCE CENTER

4621 NW 48TH STREET

SPEAKERS ON VARIOUS TOPICS ARE
SCHEDULED ON THE THIRD WEDNESDAY OF
THE MONTH BEGINNING AT 9:30 AM:

February 21—Annie Pflaum

Alzheimer's Association Nebraska Chapter

Topic: Alzheimer's Education part 2

March 20—Jodi Freeman

DreamCatchers

Topic: Equine Emotional Support



NW 48th Neighborhood News Inside!!



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A Service of Lincoln Housing Authority
and Affiliated Agencies